

Tableting Your Cat



It can be a little tricky to give tablets to your cat, but it's super important that your pet receives their full course of medication. Please always ensure to read the label first, as some tablets must be given with (or without) food.

Ideally, medication should be hidden (or crushed) in a piece of your cat's favourite treat (unless instructed otherwise).

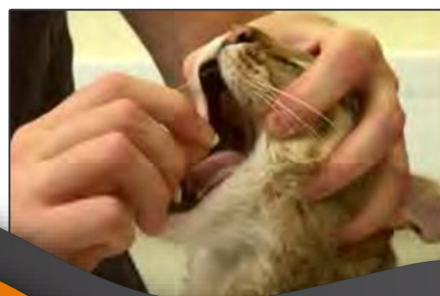
When medicating your cat, it is very important to remain calm, and restrain them gently and respectfully. Having another person available to hold your cat while you give the tablet can be helpful. If your cat is quite stressed from being held, one tip is to wrap them in a towel or blanket to prevent anyone from being scratched.

"Pill Poppers" can also be used to avoid fingers in your cat's mouth. Some people find these easier.

Steps for Giving a Tablet:

- 1.** Hold your cat, using your hands, arms and body to keep it still and confined. Do so gently, without making your cat feel "trapped".
- 2.** Hold your cat's head firmly, placing your thumb and fore-finger on either side of the jaw at the corner of the mouth.
- 3.** Hold the pill in the other hand, and tilt the cat's head so the nose is pointing upward.
- 4.** Open the mouth using a finger on the row of tiny teeth at the front of the bottom jaw, gently pulling down.
- 5.** Once open, push the tablet to the back of the mouth as quickly as possible, and release the head so the cat can swallow.

The trick is to get the tablet as far back in the mouth as possible to avoid them spitting it out. Stroking the underside of your cat's neck can also prompt them to swallow.



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For videos on how to give your cat tablets, visit www.youtube.com/icatcare